



Estrategia de Búsqueda: únicamente se han incluido los estudios que se han encontrado en Pubmed, referentes a los siguientes autores: Urieta I, Tur JA, Tojo R, Serra Majem L, Medrano J, Mataix J, Aranceta J, Vioque J, López M, Royo-Bordonada MA, Ortega RM, Durá T.

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